

# Point Reyes National Seashore



**High Tide**  
Check tide tables before walking on beaches. Rising water can trap you against a cliff with no possibility of escape.

**Heavy Surf**  
The pounding surf and rip currents are treacherous, especially at McClures Beach, Kehoe Beach, and Point Reyes Beaches, North and South. Stay away from the water.

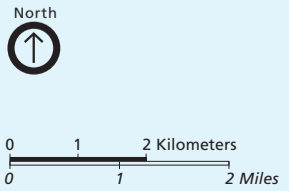
The Tomales Bay area shown in dark blue is part of Golden Gate National Recreation Area. Check with a national park ranger about special regulations that apply here.

**Steep Cliffs**  
The cliffs of Point Reyes are likely to crumble and slide. Climbing on them or walking near the edge invites catastrophe. Because of falling rocks, walking below cliffs is dangerous. Keep away!

**Lighthouse Visitor Center**

**Kenneth C. Patrick Visitor Center**  
No lifeguard on duty

**Bear Valley Visitor Center**



- Hiking trail
- Unpaved road
- Ranger station
- Picnic area
- Trailhead parking
- Food service
- Restrooms
- Hike-in campground
- Telephone
- Riding stables
- Dogs and pets on leash
- Steep trail, arrows point uphill
- Philip Burton Wilderness Area and Research Natural Area

PETALUMA

STINSON BEACH

GULF OF THE FARALLONES NATIONAL MARINE SANCTUARY

BOLINAS BAY